Professor Soikkeli

May 30, 2023

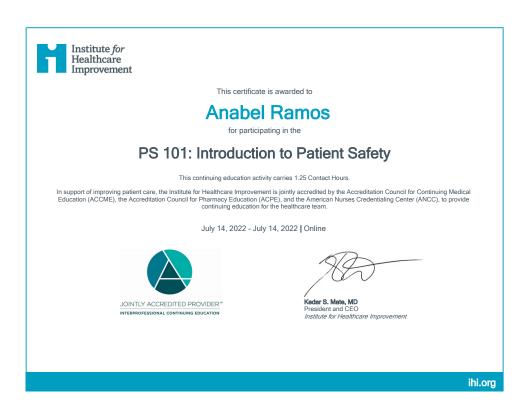
### Safety – BSN Competency

In nursing, instilling safety in our work environment means to minimize the risk of harm towards patients and staff through both individual performance and health care system effectiveness. Ensuring safety in the work environment calls for effective technology and standardized practices that support quality and safety, effective use of strategies and interventions that reduce the risk of harm of patients to self or to others, and communicating observations or concerns that can help reduce error with patients and the health care team. Safety in the nursing world is one of the main priorities to provide quality patient centered care.

I learned this competency throughout my entire life. Safety is always something we are concerned about the moment we step out of our own home. Even at home we must ensure that things are in place to ensure safety for everyone, such as making sure the stove is always off or that knives aren't left behind because someone can get hurt. I have also learned more about this competency by completing safety modules and receiving certifications because of my successful understanding of how to ensure safety with those around me, i.e. patients, family, staff.

I have shown competence of safety in my practice by successfully completing three IHI Patient Safety module certifications consisting of patient safety, errors to harm, and human factors and safety (certificates attached below). These modules are very informative on how we can ensure patient safety in our field of work. I also show competence by using what I have learned in clinicals to ensure patient safety throughout all my clinical shifts. For example, before

exiting a room we must always ensure the beds are lowered, the bed breaks are on, the call light is within reach for the patient (and ensure they know how to use it), their personal items are within reach, and the lights are on or dimmed enough for there to be enough lighting to reduce the risk of falls. It's also important for us as nursing students to practice safety within ourselves by ensuring we sanitize before and after entering and exiting the rooms, washing our hands, wearing gloves, etc. Safety is always a number one in the back of my mind as I am completing these clinical rotations.





This certificate is awarded to

## **Anabel Ramos**

for participating in the

#### PS 102: From Error to Harm

This continuing education activity carries 1.25 Contact Hours.

In support of improving patient care, the Institute for Healthcare Improvement is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Kedar S. Mate, MD
President and CEO

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#### PS 103: Human Factors and Safety

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President and CEO
Institute for Healthcare Improvement